November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10a- Morning Exercise 11a- Board Games! 1p- Painting Club 2p-Movie and Popcorn
2 10a- Morning Exercise 10:30a- Church Via TV 11:30a- **1p- Food Demo- Chex Mix** 2p-Reading Corner 3p- Walking Club Daylight Saving Time En	**3** 10a- Noodle Ball 11a- 'Thankful' Activity 1p-Bingo! **2:30p- Entertainment by Jake G.** 3p- Kick Ball	**4** 10a- Chair Yoga **10:30a-Flint Farmer's Market** 11:15- Manicures 1:30p- Cards w/ Friends! 3p- Room Visits	**5** **10a- JC Penny/ El Cozumel** 2p- Afternoon Stretches 3p- Walking Club	**6** 10a- Noodle Ball 10:30a- Hydration Station 11a- I'm Thankful For! 2p- ' I Trust my Resident" 3p- ABC White Board Game	**7** 10a- Chair Exercise 11a- Letters to a Veteran 11:45- Courtyard Clean-up 2p- Karaoke Happy Hour!! **Happy Birthday Mary Lou!**	**8** 10a- Morning Exercise 11a- Pinecone Turkey Craft 1:30p- Remote Control Race Car Rally! 3p-Movie and Popcorn-
9 10a- Morning Exercise 10:30a- Church Via TV 11:30a- Bingo! 2p-Parachute Game 3p- Walking Club	**10** 10a- Noodle Ball 11a- Fall Canvas Painting 2p- Courtyard Clean Up 3p- Room Visits	**11** 10a- Chair Yoga 10:30- Puzzle Party 12p- Pinning Ceremony 2p- Kings in the Corner 3p- Movie & Popcorn Veterans Day Remembrance Day (Canada)	**12** 10a- Jazzercise **11a- Adopt-a-Pet/ Culver's** 2p- Suncatcher Craft 3p- Chair Soccer	**13** **9:30a- Bronner's/ Cracker Barrel**	**14** 10a- Noodle Ball 11a- Wreath Making 2p- Pickle Eating Contest/ Happy Hour! 3p- Walking Club	**15** 10a- Morning Exercise 10:30- Deer Hunting 11:30- Hydration Station 1p- Food Demo- Cookie Decorating 2p-Movie and Popcorn-
16 10a- Morning Exercise 10:30a- Church Via TV 11:30a- Uno 2p- Travel the World- Germany 3p- Walking Club	**17** 10a- Noodle Ball 10:45a- Hydration Station 11:15a- Spa Hour 2p- Bingo! 3p- Blind White Board Drawing	**18** 10a- Chair Yoga **10:30a- Coffee and Cruise** 2p- Manicures 3p- Hot Cocoa Bar!	**19** 10a- Jazzercise **11a- Lunch & Arcade @ Fenton House** 2p- Reading Corner 3p- Kings in the Corner	**20** 10a- Noodle Ball 10:30a- Hydration Station 11a- Jumbo Bowling 2p- Move & Groove! 3p- Walking Club	**21** 10a- Chair Exercise 11a- Chalk Art 1p- Name That Tune! **2p- Happy Hour @ VIL** 3p- Trivia Go!	**22** 10a- Morning Exercise 11a- Family Feud 1p- Collaborative Coloring 2p-Movie and Popcorn- Addams Family
23 10a- Morning Exercise 10:30a- Church Via TV 11:30a- Water Painting 2p- Bingo! 3p- Walking Club	**24** 10a- Noodle Ball 11a- Tissue Paper Fall Flowers **1p- Stuff the Bus!** 3p- Room Visits	**25** 10a- Chair Yoga 11a- Jumbo Tic-Tac-Toe 1:45p- Parachute Game 3p- Table Pong	**26** 10a- Jazzercise **11a- Adopt-a-Pet** 2p- Target Practice 3p- Hot Cocoa Bar!	**27** Happy Thanksgiving Thanksgiving Day (U.S.)	**28** Movie & Popcorn	**29** 10a- Morning Exercise 11a- Board Games- Sorry 1p- Shut the Box 2p-Movie and Popcorn- Addams Family
30 10a- Morning Exercise 10:30a- Church Via TV 11:30a- Fall Crafts 2p-LRC 3p- Walking Club						

Assisted Living

** ALL ACTIVITIES AND OUTINGS ARE SUBJECT TO CHANGE**