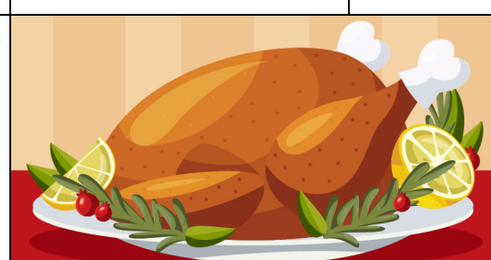
November 2026 Intermediate Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10a- Morning Exercise 10:30a- Church Via TV 11:30a- Corn Hole 2p- Thankful Leaf Activity 3p- Walking Club  Daylight Saving Time Ends	2 10a- Noodle Ball 11a- Garitude Tree Craft 1p- Hydration Station 2p-Bingo! 3p- Kick Ball	3 10a- Chair Yoga **10:30a-Flint Farmer's Market** 2p- Manicures 3p- Room Visits	4 **10:30a- Coffee & Donuts @ Dunkin** 2p- Afternoon Stretches 3p- Walking Club	5 10a- Noodle Ball **10:30a- Bible Study w/ Jake** 11:30a- Leaf Suncatchers Craft 2p- Bingo! 3p- Hot Cocoa Bar!	6 10a- Chair Exercise 10:30a- Flag Making 11:45- Target Practice 2p- Karaoke Happy Hour!! 3p- Jumbo Bowling	7 10a- Morning Exercise 10:30a- M&M's Sorting Race 11:30a- Painting Club 2p-Movie and Popcorn 3p-Room Visits
8 10a- Morning Exercise 10:30a- Church Via TV 11:30a-Cards w/ Freinds! 2p-Parachute Game 3p- Walking Club	9 10a- Noodle Ball 10:30a- Fall Canvas Painting 11:30a- Courtyard Clean-Up 2p- Bingo! 3p- Room Visits	10 10a- Chair Yoga **10:30-Entertainment by Wagnor Duo** 11:15a- Soap Making 2p- Manicures 3p- Movie & Popcorn	11 **11a- Chair Yoga w/ Tom** 12p- Hydration Station 1p- Pinning Ceramony 2:30p- Walking Club 3p- Room Visits *Honoring* All Who Served	12 **9:30a- Bronner's/ Cracker Barrel** **10:30a- Bible Study w/ Jake**	13 10a- Noodle Ball 10:30a- Wreath Making 11:30a- Bingo! **2p- Happy Hour @ VIL** 3p- Movie & Popcorn	14 10a- Morning Exercise **10:30a- Food Demo- Pickel Dip** 11:30p- Remote Control Race Car Rally! 2p-Nature Walk 3p- Music Therapy
15 10a- Morning Exercise 10:30a- Church Via TV 11:30a- Uno 2p- Deer Hunting! 3p- Walking Club 	16 10a- Noodle Ball 10:45a- Button Art **11:15a- Pumpkin Fluff** 2p- Bingo! 3p- White Board Games	17 10a- Chair Yoga **11a- Lunch @ Fenton House** 2p- Manicures 3p- Hot Apple Cider!	18 10a- Jazzercise **10:30a- Coffee & Cruise** 2p- Crafting Hour 3p- Room Visits	19 10a- Noodle Ball **10:30a- Bible Study w/ Jake** 11:30a- Painted Mason Jars 2p- Bingo! 3p- Walking Club	20 10a- Chair Exercise 10:30a- Chalk Art 11:30a- Name That Tune **1p- Apple Picking @ Muller's** 3p- Movie & Popcorn!	21 10a- Morning Exercise 10:30- Crafting Hour 11:30- Shut The Box **2p- Food Demo- Cookie Decorating** 3p-Movie and Popcorn- 
22 10a- Morning Exercise 10:30a- Church Via TV 11:30a- Water Painting 2p- Cards w/ Freinds! 3p- Walking Club	23 10a- Noodle Ball 11a- Tissue Paper Fall Flowers **1p- Stuff the Bus @ United Methodist Church** 3p- Room Visits	24 10a- Chair Yoga 10:30a- Crafting Hour 11:30a- Kings in the Corner 2p- Gues 3p- Table Pong	25 10a- Jazzercise **11a- Adopt-a-Pet** 2p- Bingo! 3p- Hot Cocoa Bar!	26 HAPPY THANKSGIVING	27 10a- Chair Exercise 10:30a- Crafting Hour 11:30p- Chair Volleyball! **2p- Happy Hour @ VIL** 3p- Trivia Go!	28 10a- Morning Exercise 10:30a- Pasta Threading 11:30a-Bulletin Boards 2p-Movie and Popcorn
29 10a- Morning Exercise 10:30a- Church Via TV 11:15a- Snowflake Craft 2p- collabortive Coloring 3p-Walking Club 	30 10a- Noodle Ball **11a- Chair Yoga w/ Tom** 12a- Hydration Station 2p- Bingo! 3p- Room Visits					

** ALL ACTIVITIES AND OUTINGS ARE SUBJECT TO CHANGE**