

THE VICINIA VIBE

MONTHLY NEWSLETTER

April showers bring May flowers!



GREENHOUSE TRIP

Speaking of May flowers, let's take a trip to **Carlson's Greenhouse** on **Wednesday, May 14th @ 1 PM!** Choose from a wide variety of beautiful annuals and perennials or pick a pot and bring home an adorable little succulent to add some green to your space. This trip will pair perfectly with our garden fairy door craft!



LET'S DANCE!

Get your dancing shoes ready! Due to popular demand, we're heading back to the **Burton Senior Center** for their fabulous mix and mingle dances. Swing by **every other Monday at 6 PM** to boogie with us and fellow senior residents!



Many Thanks!

A heartfelt thank you to John Hejhal, who created four scrumptious cakes for our birthday celebration! They had rave reviews!



Kentucky DERBY

JOIN US ON MAY 3RD FOR OUR KENTUCKY DERBY CELEBRATION! MINT JULEPS, FASCINATORS AND A VISIT WITH A THOROUGHBRED!

\$5
MINT JULEPS



THANK YOU TO ALL OF OUR RESIDENT VOLUNTEERS!

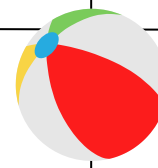
If you're interested in joining this group and contributing to the improvement of our community, please ask at the concierge for more information!

WE LISTENED:

- The feedback on our coffee and donut volunteer breakfast was a hit! Coming soon, we will offer flavored lattes, cappuccinos and donuts the last Wednesday of the month in the Pub. Coffee will be \$2.50, a donut for \$1.50 OR one of each for \$3!
- The Medical Team will be coming in to talk about their services on Tuesday, May 13th @ 2 PM (directly after the Resident Council Meeting). They will be discussing the Medical Team and Advanced Medical's services and how they might be able to help you. Due to this, we will move the Activities Meeting to 2:30 PM.
- Let's see those recipes! Do you have a favorite recipe or meal that you'd like to see added to our menu? Place your recommendations into drop box outside of the pub for a chance for your meal to be featured on our menu!

RESIDENT REMINDERS:

- Please remember to place your orders from the alternative menu by 3 pm to avoid an extended waiting period.
- Please turn off all electric heating items (i.e. blankets, space heaters, etc.) when not in use or leaving your room. This is for the safety of all of our residents and our staff!
- Dinner orders need to be made before 6:30, but the dining room is open until 7 PM. You are more than welcome to stay until 7, but please note that servers may be clearing tables around you.



LIFE'S A BEACH!

The Beach Boys are coming to **Meadowbrook Ampitheatre on May 25th at 7:30 pm**. If you'd like to see this legendary group in action, sign up today! Tickets cost **\$35** in the Pub. Please remember to pay prior to signing up!

RECYCLING REMINDER!

Please remember that recycling bins are for pop cans only! At this time we are not equipped to recycle things like soup cans, water bottles, wine bottles, etc. Thank you for your diligence!

CULINARY CORNER - GASTRONOMICS

Culinary arts is a creative, ever-evolving field. Over the last 30 years, the industry has changed dramatically, though formal culinary study only began a few hundred years ago - emerging during the Renaissance as chefs moved from royal kitchens to inns and, eventually, culinary schools. One of my favorite areas is gastronomy, where science meets art. Take Alinea in Chicago, for example—founded by Port Huron, Michigan native Grant Achatz. They serve playful creations like the green apple balloon, a floating, helium-filled dessert made of blown sugar. It's edible, whimsical, and totally unforgettable, not to mention delicious.

And here's a fun food science fact: that red liquid in steak isn't blood—it's myoglobin, a protein that stores oxygen in muscle. As steak cooks and rests, the fibers release this liquid, giving that juicy, "bloody" look—though cattle are actually drained of blood long before processing. Please keep the recipes coming! I am loving the conversations and looking to make all of your experiences at The Independent thoroughly enjoyable!



Spotlight of the Month



CLAYTON STONE
VICINIA VICTOR



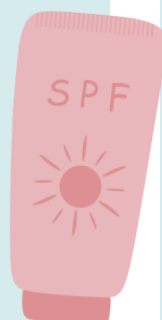
DAMAN LAAKSO
EMPLOYEE OF THE MONTH



Stay Safe in the Sun!

Now that summer is right around the corner, it's time to be smart about our SPF!

- Dermatologists recommend a nickle-sized dollop for your face every day (even when it's cloudy!) as your best defense against sun damage and skin cancer.
- Remember to schedule your annual check to catch abnormal moles and spots early!
- Meet with **Mainstreet Dermatology** in Steffey's Pub on **May 30th from 11am-12pm** to discuss any concerns you may have!



Let's get crafty!

Join us on **Thursday, May 22nd @ 3pm** for a magical garden craft. Use elements from nature to add whimsy to your garden. This is a perfect opportunity to let your imagination run wild as we create a **fairy door**. Supplies will be provided with your sign up fee of \$4, but feel free to bring your own natural materials to personalize your creations. We look forward to seeing your unique designs come to life!



Vicinia Gardens, The Independent

RESIDENT REFERRAL PROGRAM - EARLY SPRING SPECIAL!
REFERRAL BONUS

\$2,000

(\$1,000 FOR YOU AND \$1000 FOR THEM!)

+ FREE 2 DAY TRIAL STAY; INCLUDING BRUNCH & DINNER
(OFFER FOR QUALIFIED RESIDENTS & BASED ON AVAILABILITY)

+ ACCESS TO COMMUNITY ACTIVITIES & OUTINGS



GABRIELLE OR CATRINA
810.354.7050

Reminder: Our Senior Real Estate Specialist can help with:

- Listing & Selling
- Estate Sales/ Liquidations
- Cleaning, Packing & more!!

HURRY! OFFER EXPIRES: APRIL 30TH, 2025



**NATIONAL
ASSOCIATION OF
REALTORS®**



SRES

\$120-160/NIGHT

GUEST SUITE

RENTALS

1 & 2 BEDROOMS • FULL KITCHENS
WASHER & DRYER IN UNIT
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VICINIA GARDENS
THE INDEPENDENT
4031 VICINIA WAY
FENTON, MI 48430
Phone: +810-354-7050

2 Bedroom, 2 Bathroom Suite:

\$160/night

1 Bedroom, 1 Bathroom Suite:

\$120/night



Pizza & Pajamas

A big cheesy shoutout to Jet's Pizza on Leroy St. for throwing us a scrumptious pizza bash! The turnout was fantastic, with a pajama parade that would make any slumber party jealous. Thanks to everyone for joining the fun! 🍕 🎉



Mother's Day Brunch Menu

Hors d'Oeuvres
Spanakopita
Bacon and Goat Cheese Dates

Salad
Mixed Berry Salad

Entrees
Chicken Piccata & Seared Salmon
Sweet Potato Hash
Mashed Potatoes

Dessert
German Chocolate Cake

Featuring music by
Lein Borg!

Easter Bowls

Thank you to our resident, Bob Barnes, for leading us in a craft last month. We used paper mâché and balloons to create a bowl and then decorated it with dried pressed flowers. The result is a beautiful bowl that can be used for decor, wrapped candies, or as a flower centerpiece. Thank you, Bob, for your expert guidance and creative direction!



Edward Jones Financial Presentation

Unfortunately, the last presentation was cancelled due to the low number of sign ups, so we are trying again.

On **Wednesday, May 21st @ 1 PM**

Come sit down with a representative from **Edward Jones Financial** to learn about and discuss strategies specifically for seniors to **improve financial security for retirement**. Topics include wealth growth, resource management, income maintenance, and asset protection, offering essential insights for a fulfilling and worry-free retirement.

(Don't forget to RSVP in the book!)



Memorial Day Trip

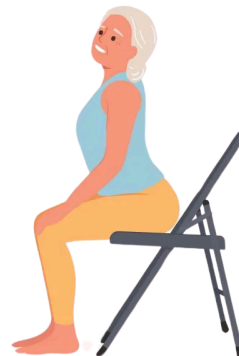
Join us on **Tuesday, May 27th at 10:45 AM** as we visit the Great Lakes National Cemetery in Holly, MI to pay our respects to our fallen service men and women. This thoughtful outing provides an opportunity to honor and remember those who have served our country with bravery and dedication. We will gather to reflect on their sacrifices and express our gratitude for the freedoms we enjoy today. We hope you'll join us in this meaningful tribute.

Chair Yoga

Are you aiming to enhance your balance and mobility? We invite you to come and participate in our chair yoga sessions held in our fitness center. These sessions are designed to help you improve your physical stability and movement in a supportive and calming environment.

Discover the benefits of chair yoga for yourself and join us!

Check out these sample poses
that can be done
anytime and anywhere!



Only \$6 per class
Payment can be
made to Maggie
Wernet



MANAGED BY ASSISTICARE

2500 NORTH RD. SUITE 103
FENTON, MI 48430
(810) 629-9368
WWW.ASSISTICARELLC.COM

KELLY STEFFEY

RN, BS, CDCM LICENSEE
KELLYS@ASSISTICARELLC.COM

CATRINA KRAUS

EXECUTIVE RESIDENT DIRECTOR
CATRINAK@VICINIAGARDENS.COM

GABRIELLE LETTS

LEASING
LEASING@VICINIAGARDENS.COM

RUBEN SALDIVAR

MAINTENANCE DIRECTOR
MAINT@VICINIAGARDENS.COM

ALISON OGLE

ADMIN ASSISTANT/ACTIVITIES
ALISONO@VICINIAGARDENS.COM

EMERGENCY MAINTENANCE

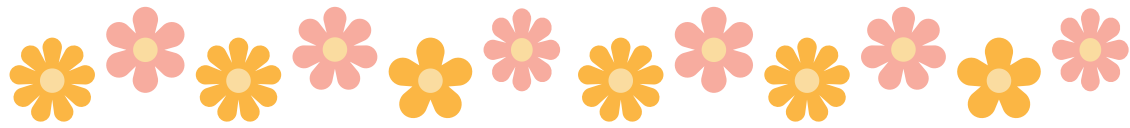
810-354-7100

THE MEDICAL TEAM

810-347-0600

TO GO MEALS

810-354-7328



STEFFEY'S PUB

Hours & Specials

HERE COMES THE SUN!

Our patio is now open! Enjoy the beautiful weather with a cocktail and a game of put put or cornhole. Finish off the night cozy by the fire with a smore!

MONDAY - FRIDAY = 9AM - 7PM
SATURDAY & SUNDAY = 3PM - 7PM

Bartender is here from 2pm-7pm every night!
Happy Hour is from 2pm - 4pm Monday - Friday!

UPCOMING EVENTS AND OUTINGS

MAY 2ND @ 2PM

BIRTHDAY BASH W/ DANIEL FEEGAN

MAY 3RD FROM 4-7PM

KENTUCKY DERBY CELEBRATION

MAY 5TH @ 6PM

DANCE AT THE BURTON SENIOR CENTER

MAY 7TH @ 4PM

DINNER AT TOMATO BROTHERS

MAY 8TH @ 11AM

LOOSE SENIOR CENTER CHOIR

MAY 14TH @ 1PM

TRIP TO CARLSON'S GREENHOUSE

MAY 19TH @ 6PM

DANCE AT THE BURTON SENIOR CENTER

MAY 21ST @ 1PM

EDWARD JONES PRESENTATION

MAY 21ST @ 4PM

DINNER AT CROSSBOW INN

MAY 22ND @ 3PM

FAIRY DOOR CRAFT

MAY 27TH @ 10:45AM

NATIONAL CEMETERY TRIP

MAY 28TH @ 9AM

COFFEE AND DONUTS IN THE PUB

MAY 30TH @ 11AM

MAINSTREET DERMATOLOGY PRESENTATION

*Mother's Day
is May 11th!*

*Cinco de Mayo
is May 5th!*

*Memorial Day
is May 26th!*