

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

The Letter Z

1



10:15 Exercise
11:00 Chicken Soup

2



10:15 Exercise
11:00 Food for thought

3

1:00 Bible study
2:00 Games
3:00 Hand Massage & Manicures
6:00 Movie

Make Meringues for tomorrow's tea.

4

10:15 Exercise
11:00 Food Hour
1:00 Finish up Food
2:00 Bingo
3:00 January Coloring page

*Afternoon Tea and Meringues

5

*Robin one-on-one
10:15 Exercise 11:00 Live Music 1:00 Cards
2:00 Tea and Sandwiches
3:00 Group activity

10:15 Exercise
11:00 Chicken Soup

6

1:00 Decorating
2:00 Balloon Noodle
3:00 Craft
6:00 Sensory Evening

Make Teacup Card

7

10:00 Exercise
11:00 Chicken Soup
1:00 - 3:00 Men's afternoon
2:00 Jewelry Time
3:00

Exercise stretch Drumming

8



Creativity month

9



10:15 Exercise
11:00 Food for thought

10

1:00 Bible study
2:00 get to know each other games
3:00 Hand Massage & Manicures
6:00 Movie

Make Simple Egg Salad

11

10:15 Exercise
11:00 Food Hour
1:00 Finish up Food
2:00 Bingo
3:00 January Activity page

Hot Tea Day

12

*Robin one-on-one Resident meeting
10:15 Exercise 11:00 Live Music 1:00 Cards
2:00 Tea and Sandwiches
3:00 Resident Meeting

PJ Day, where you PJ, to all activities today.

13

10:15 Exercise
11:00 Chicken Soup
1:00 Decorating
2:00 Balloon Noodle
3:00 Craft
6:00 Sensory Evening

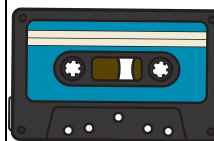
10:00 Exercise
11:00 Chicken Soup

14

1:00 - 3:00 Men's afternoon
2:00 Jewelry Time
3:00

Exercise stretch Drumming

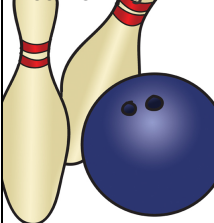
15



80's Month

10:00 Exercise
11:00 Chicken Soup

16



10:15 Exercise
11:00 Food for thought

17

1:00 Bible study
2:00 Get to know each other Games
3:00 Hand Massage & Manicures
6:00 Movie

Make No Bake Cookies for tomorrow's Tea

18

10:15 Exercise
11:00 Food Hour
1:00 Finish up Food
2:00 Bingo
3:00 January Activity page
6:00 Games

Afternoon Tea and Cookies

19

*Robin one-on-one
10:15 Exercise 11:00 Live Music 1:00 Cards
2:00 Tea and cookies
3:00 Group Activity
6:00 Games

10:15 Exercise
11:00 Chicken Soup

20

1:00 Decorating
2:00 Balloon Noodle
3:00 Craft - Fainting heart Canvas
6:00 Sensory Evening

10:00 Exercise
11:00 Chicken Soup

21

1:00 - 3:00 Men's afternoon - Putting Pad
2:00 Jewelry Time
3:00

10:15 Exercise stretch

22

11:00 Chicken Soup

1:00 Drumming



10:00 Exercise
11:00 Chicken Soup for the soul

23



10:15 Exercise
11:00 Food for thought

24

1:00 Bible study
2:00 Get to know you games
3:00 Hand Massage & Manicures
6:00 Movie

10:15 Exercise
11:00 Food Hour

25

1:00 Finish up Food
2:00 Bingo
3:00 January Activity page
6:00 Games

*Robin one-on-one Afternoon Tea and

26

10:15 Exercise
11:00 Cards
2:00 Tea time
3:00 Group Activity
4:00 Games

10:15 Exercise
11:00 Chicken Soup

27

1:00 Decorating
2:00 Game
3:00 Craft
6:00 Sensory Evening

10:00 Exercise
11:00 Chicken Soup

28

1:00 - 3:00 Men's afternoon
2:00 Jewelry Time
3:00

Exercise stretch Drumming

29

10:00 Exercise
11:00 Chicken Soup for the soul

30



10:15 Exercise
11:00 Food for thought

31

1:00 Bible study
2:00 get to know you Games
3:00 Hand Massage & Manicures
6:00 Movie

Assisted Living Calendar



Vicinia Gardens, 700 Eley Street, Otsego, MI 49078 - All activities are subject to change without further notice.