

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Cereal, Scramble eggs, sausage, hashbrown toast fruit. 1 Beef & Broccoli Rice, jello cake Turkey ALA King, Biscuits, Glazed Carrots and chefs' choice dessert	Cereal, Waffle bacon fresh fruit 2 Smothered Pork Chops, Baked potato, green beans, apple pie w/ ice cream Grilled Hotdog French Fries, Cole slaw and cream pie	Cereal. Sausage and Gravy over Biscuits fresh fruit 3 Chicken alfredo with bow tie pasta, garlic bread garden salad, peanut butter pie Cheeseburger potato casserole vegs yogurt parfait	Cereal, Fried eggs w/hash fresh fruit toast 4 Chipped beef over toast, vegetables, and ice cream sundae Homemade Pizza, Tossed salad, Chef's choice dessert	Cereal, Pancake Day, Bacon, fresh fruit 5 Chicken marsala, vegetables red skin potatoes and pie Beef and veg soup, grilled cheese, cottage cheese, banana pudding	Cereal, Scramble eggs sausage toast fruit 6 Baked Glazed Ham, sweet potatoes green beans chefs choice dessert Chicken salad plate w/ crackers and sliced tomatoes Strawberry short cake
Cereal, French Toast, bacon, fresh fruit 7 Turkey stuffing mash veg pineapple upside down cake Beef veg's soup grilled cheese cottage cheese oatmeal raisin cookie Daylight Saving Time Ends	Cereal, scramble eggs sausage hash brown toast 8 Cheesy broccoli chicken casserole, cucumber salad, root beer floats Tuna Swiss melt potato chips cottage cheese strawberry shortcake	Cereal, Waffle bacon fresh fruit 9 Ground Beef Stroganoff noodles glazed carrots ice cream sundaes Cooks' choice soup, cheese quesadilla whipped jell-o	Cereal, Sausage and gravy over biscuits fresh fruit 10 Italian Baked Chicken mash, corn, butter rolls Cream pie Grilled deluxe cheeseburger fries' chefs' choice dessert	Cereal, Fried eggs w/ Hash fresh fruit toast 11 Shepherd's Pie, tossed salad, Oreo cookie brownie Egg salad sandwich pasta salad, cookie Veterans Day Remembrance Day (Canada)	Cereal Oatmeal Pancake Day Bacon Fresh fruit 12 Grilled pork chops, baked sweet potatoes vegs whipped jello Chicken tenders Cole slaw, tator tots cherry pie	Cereal, Scramble Eggs Sausage toast fresh fruit 13 Stir fry chicken and veg w/ rice ice cream sundae Pizza night 2 kinds /garden salad fruit pie
Cereal, French Toast bacon fruit 14 Fried chicken Mac and cheese Cole slaw, biscuits brownie supreme Chicken salad, chips fruit Chocolate cake and ice cream	Cereal, scramble w/ vegs Hashbrown sausage toast 15 Meatloaf mash, buttered corn chefs' choice dessert Hearty beef veg's soup grilled cheese and banana royal	Cereal, Waffle, bacon, fresh fruit 16 Lasagna garden salad bread stick fruited jello Sloppy Joe French fries, cucumber salad	Cereal Sausage and Gravy over Biscuits Fresh fruit 17 Roasted pork red skin potatoes veg blueberry muffins ice cream Sausage Pepper onion veg stir fry w/ grilled chicken, tossed salad ice cream sundae	Cereal, Fried Eggs w/ Hash fresh fruit toast 18 Chicken alfredo, tossed salad, garlic bread. Apple crisp Chefs' choice dinner and chefs' choice dessert SURPRISE !!!	Cereal Oatmeal Pancake Day Bacon fresh fruit 19 Baked Glazed Ham, Mash, carrots green beans rolls chefs' choice dessert Toasted tuna sandwich potato chips yogurt parfait	Cereal, Scramble Eggs Sausage Toast Fresh fruit 20 Chili w/ corn bread muffins topped with cheese onions ice cream sundaes Chili topped w/ cheese and sour cream w/ corn bread muffin, lemon bars
Cereal, French Toast, bacon fresh fruit 21 Fried chicken Mac and Cheese Cole slaw, biscuits, cake Sweet and sour chicken over bed of rice w/ veg ice cream sundaes	Cereal, Scramble eggs w/ cheese Hashbrown, Toast 22 Sweet and sour pork steamed rice mix veg, Jell-O cake Egg salad sandwich w/ chips and yogurt parfait	Cereal, Waffle, bacon, fresh fruit 23 Parmesan Chicken angel hair pasta veg cream pie Chefs' choice dinner and dessert	Cereal, Sausage and Gravy over Biscuits Fresh Fruit 24 Shepherd's Pie Garden salad black forest fruit pie Beef vegetable soup w/ grilled cheese cream pie	Cereal Fried Eggs w/ Hash Fresh fruit 25 Turkey, gravy mash, green bean casserole dinner rolls sweet potatoes pecan and pumpkin pie Chicken salad sandwich chips yogurt and thanksgiving dessert	Cereal, Oatmeal, Pancake Day Bacon, fresh fruit 26 Open face turkey sand and mac and cheese root beer floats Homemade chicken noodle soup, with deluxe turkey and cheese sandwich ice cream	Cereal, Scramble Eggs Sausage Toast Fresh fruit 27 Chicken cordon bleu, pasta salad, green beans ice cream sundae Chili tossed salad corn bread muffins cookie
Cereal, French toast, bacon, fresh fruit 28 Fried Chicken Mac and cheese Cole slaw biscuits, fruit pie Soup Egg Salad sandwich, cottage cheese chocolate cake w/peanut butter frosting Hanukkah Begins	Cereal, Scramble eggs w/ veg Hashbrown Toast 29 Stuffed green bell peppers glazed carrots blueberry crisp Chicken sandwich fries/ caramel apple cake	Cereal, Waffle, bacon, fresh fruit 30 Salisbury steak, mash, veg banana pudding Spaghetti garden salad, garlic bread, fresh fruit bowl				
<h1>November 2021</h1> <p>Add a title or monthly theme here.</p>						