

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



October 2021

Memory Care Activities Calendar

						10:15 - Exercise 1 11:00 - Bean Bag Toss 2:00 - Coloring 3:00 - Movie	10:15 - Exercise 2 11:00 - Bean Bag Toss 2:00 - Movie
10:15 - Exercise 3 2:00 - Hall Walks 3:00 - Music	10:15 - Exercise 4 11:00 - Chicken Soup 2:00 - Painting 3:00 - Music	10:15 - Exercise 5 11:00 - Tic-Tac-Toe 2:00 - Hall Walks 3:00 - Bingo	10:15 - Exercise 6 11:00 - Card Match 2:00 - Simon Says 3:00 - Coloring	10:15 - Exercise 7 11:00 - Hand Massages 2:00 - Hall Walks 3:00 - Fall Flower Painting	10:15 - Exercise 8 11:00 - Coloring 2:00 - Hall Walks 3:00 - Bean Bag Toss	10:15 - Exercise 9 11:00 - Bean Bag Toss 2:00 - Movie	
10:15 - Exercise 10 2:00 - Hall Walks 3:00 - Music	10:15 - Exercise 11 11:00 - Chicken Soup 2:00 - Painting 3:00 - Music <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small>	10:15 - Exercise 12 11:00 - Tic-Tac-Toe 2:00 - Hall Walks 3:00 - Bingo	10:15 - Exercise 13 11:00 - Card Match 2:00 - Simon Says 3:00 - Coloring	10:15 - Exercise 14 11:00 - Nail Care 2:00 - Hall Walks 3:00 - Bead Pumpkins	10:15 - Exercise 15 11:00 - Coloring 2:00 - Hand Massages 3:00 - Bean Bag Toss	10:15 - Exercise 16 11:00 - Bean Bag Toss 2:00 - Movie	
10:15 - Exercise 17 2:00 - Hall Walks 3:00 - Music	10:15 - Exercise 18 11:00 - Chicken Soup 2:00 - Painting 3:00 - Music	10:15 - Exercise 19 11:00 - Tic-Tac-Toe 2:00 - Hall Walks 3:00 - Bingo	10:15 - Exercise 20 11:00 - Card Match 2:00 - Simon Says 3:00 - Coloring	10:15 - Exercise 21 11:00 - Hand Massages 2:00 - Hall Walks 3:00 - Spider Webs	10:15 - Exercise 22 11:00 - Bean Bag Toss 2:00 - Sorting Time 3:00 - Movie	10:15 - Exercise 23 11:00 - Bean Bag Toss 2:00 - Movie	
10:15 - Exercise 24 2:00 - Hall Walks 3:00 - Music	10:15 - Exercise 25 11:00 - Chicken Soup 2:00 - Painting 3:00 - Music	10:15 - Exercise 26 11:00 - Tic-Tac-Toe 2:00 - Hall Walks 3:00 - Bingo	10:15 - Exercise 27 11:00 - Card Match 2:00 - Simon Says 3:00 - Coloring	10:15 - Exercise 28 11:00 - Nail Care 2:00 - Hall Walks 3:00 - Spider Cookies	10:15 - Exercise 29 11:00 - Coloring 2:00 - Fold Time 3:00 - Bean Bag Toss	10:15 - Exercise 30 11:00 - Bean Bag Toss 2:00 - Movie	
10:15 - Exercise 31 2:00 - Patio Time 3:00 - Music							

Halloween

Activities are subject to change without notice. Otsego, MI