

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2021

## Assisted Living (Activities Calendar)

						10:15 Exercise 11:00 Chicken Soup 2:00 Self Care 3:00 Happy Hour	1	10:15 Exercise 11:00 Teatime 2:00 Bean Bag Toss 3:00 Music and Dance	2				
10:15 Exercise 11:00 Morning Chat 2:00 Free Style Painting 3:00 Music & Dance	3	10:15 Exercise 11:00 Good Ol' Day 1:00 Bible Study 2:00 Cards 3:00 Hand Massage & Manicures	4	10:15 Exercise 11:00 2:00 PB Teeth Snack 3:00 Bingo - Kris	5	10:15 Exercise 11:00 Live Music 2:00 Bean Bag Toss 3:00 Boo Door Hanger Craft	6	10:15 Exercise 11:00 Bible Study 2:00 Hoky-poky 3:00 Craft Day	7	10:15 Exercise 11:00 Chicken Soup 2:00 Trivia 3:00 Happy Hour	8	10:15 Exercise 11:00 Teatime 2:00 Bean Bag Toss 3:00 Music and Dance	9
10:15 Exercise 11:00 Cookie Pan Memory 2:00 Patio Time 3:00 Music	10	10:15 Exercise 11:00 Good Ol' Day 1:00 Bible Study 2:00 Cards 3:00 Hand Massage & Manicures <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small>	11	10:15 Exercise 11:00 2:00 Food Demo - Dirt Cups 3:00 Bingo - Kris	12	10:15 Exercise 11:00 Word Game 2:00 Bean Bag Toss 3:00 Witch Hat Craft	13	10:15 Exercise 11:00 Bible Study 2:00 Trivia 3:00 Craft Day	14	10:15 Exercise 11:00 Chicken Soup 2:00 Outdoor Walk and Leaf Collecting 3:00 Happy Hour	15	10:15 Exercise 11:00 Teatime 2:00 Bean Bag Toss 3:00 Music and Dance	16
10:15 Exercise 11:00 Cookie Pan Memory 2:00 Patio Time 3:00 Music	17	10:15 Exercise 11:00 Good Ol' Day 1:00 Bible Study 2:00 Cards 3:00 Hand Massage & Manicures	18	10:15 Exercise 11:00 2:00 Food Demo - Witches Hat Cookies 3:00 Bingo - Kris	19	10:15 Exercise 11:00 Live Music 2:00 Bean Bag Toss 3:00 Owl Craft	20	10:15 Exercise 11:00 Bible Study 2:00 Hoky-poky 3:00 Craft Day	21	10:15 Exercise 11:00 Chicken Soup 2:00 Trivia 3:00 Happy Hour	22	10:15 Exercise 11:00 Teatime 2:00 Bean Bag Toss 3:00 Music and Dance	23
10:15 Exercise 11:00 Cookie Pan Memory 2:00 Patio Time 3:00 Music	24	10:15 Exercise 11:00 Good Ol' Day 1:00 Bible Study 2:00 Cards 3:00 Hand Massage & Manicures	25	10:15 Exercise 11:00 Photo Post Card 2:00 Food Demo - Oreo Spiders 3:00 Bingo - Kris	26	10:15 Exercise 11:00 Word Game 2:00 Bean Bag Toss 3:00 Pumpkin Painting  Halloween Staff Carry in Lunch	27	10:15 Exercise 11:00 Bible Study 2:00 Trivia 3:00 Craft Day	28	10:15 Exercise 11:00 Chicken Soup 2:00 Balloon Noodle 3:00 Happy Hour  Halloween Dress Up Contest for staff	29	10:15 Exercise 11:00 Teatime 2:00 Bean Bag Toss 3:00 Music and Dance	30
10:15 Exercise 11:00 Cookie Pan Memory 2:00 Patio Time 3:00 Music	31	<h1>Happy Thanksgiving!</h1>											

Halloween