

Vicinia Vibe

Editor: Gabrielle Farren

Upcoming Activities

5th: Microwave Fudge

7th: Craft Stick Snowmen & New Year's Masked Bash

12th: Ice Cream Sandwich Cake

14th: Snowman Suncatcher

19th: Puppy Chow

21st: Sparkly Winter Painting

26th: Chocolate Potato Chips

28th: Snow Globes

2021

HAPPY NEW YEAR

Gab's Gab

New Year's Resolutions

TOP 10 RESOLUTIONS

1. Lose Weight
2. Get Organized
3. Spend Less, Save More
4. Enjoy Life to the Fullest
5. Staying Fit and Healthy
6. Learn something Exciting
7. Quit Smoking
8. Help Others in their Dreams
9. Fall in Love
10. Spend More Time with Family



Come Join the fun at Vicinia



Let's Celebrate

Happy
Birthday

2021



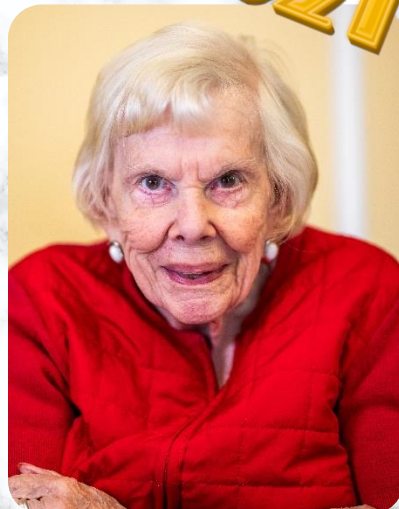
Lois
Jan. 1st



Lorraine
Jan. 9th



Kathryn
Jan. 16th



Diana
Jan. 31st

Welcome to the Neighborhood!

Cora



Patricia



Norma



Dorothy



Linda

ALI's Alley

7 Tips for Talking to Someone with Dementia

- Approach from the front so as not to startle
- Converse at eye level
- Never argue or disagree; instead, join their reality
- Keep it simple; stick to short specific statements
- Reminisce- in general, older memories are easier to recall than recent ones
- If an upset occurs, acknowledge their feelings, and redirect with a change of scenery or new topic
- Don't be offended if you are not remembered in the moment; it not you, it's the dementia

Jess's Joke

NEW YEAR'S RESOLUTIONS



expectation

pusheen.com



reality

pusheen.com



expectation



reality

Employees of the month!

VGIC



Dakota

VGM



Kristyn

VGA



McKaylah



Oct. & Nov. Bonus Winners!

Congrats on perfect attendance for the month of October! We appreciate your dedication!

- | | | |
|-------------------|------------------------|--------------------|
| • Sheila A. (VGM) | • Marissa (VGT) | • Carole (VGM) |
| • Katrina (VGA) | • Abby (VGT) | • Renate (VGA) |
| • Jamie (VGM) | • Dakota (VGT) | • Madison N. (VGT) |
| • Alyssa (VGM) | • Sheryl (VGT) | • Hannah (VGT) |
| • Gabbi (VGT) | • Sarah W. (VGT & VGM) | • Makayla (VGM) |
| • Sara (VGM) | • Sheila W. (VGM) | • Samantha (VGT) |
| • Emma (VGA) | • Jacqueline (VGT) | • Rose (VGA) |
| • Greg (VGA) | • Bethany (VGM) | • Michael (VGM) |
| • Kristyn (VGM) | • Anna (VGT) | • Heather (VGA) |
| • Jamie (VGM) | • Don (VGT) | • Amie (VGT) |
| • Joann (VGIC) | • Allyson J. (VGT) | • McKaylah (VGA) |
| • Brenda (VGM) | • Allison L. (VGM) | • Kathryn (VGA) |
| | • Kali (VGA) | • Alivia (VGM) |
| | • Emma (VGIC) | • Daquandra (VGA) |
| | • Vicki (VGM) | • Madalyn (VGT) |
| | | • Brianna (VGA) |

Announcements

- ❖ Reminder: Pick up mail in the foyer of VGIC and VGM
- ❖ Reminder: Please continue to utilize the activities email:
viciniagardensactivities@gmail.com for setting up facetime, setting up visits, and keeping in contact with you loved ones by sharing pictures. As always if you do not receive a response within 48 hours please call the landline: (810) 354-8136

Cats Corner



It's time to focus on New Year. The day of New Year is not as simple like other days but its time of new beginnings, fresh starts and promises for the bright and successful year. No matter how

busy you are throughout the year, it's important to express your love to your relatives, friends, and colleagues. The New Year is the time of setting goals and aims for their upcoming year. New Year is just like a blank book with a pen in your hand and you are free to write anything you want. So, fill your book of life with colors of joy and happiness.

This New Year I wish you to have courage and strength to fight for your dreams and goals and also blessings of GOD shower upon you.

Happy New Years

Independent Living
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